



CARDINAL CAFE WEEKLY MENU



Nutrition Facts: *Asparagus* is an excellent source of Vitamin K, and a good source of Vitamin A and can be eaten raw, steamed, sauteed, grilled, and roasted!

BREAKFAST

Mon. May 13, 2024

Chef's Choice
Donut or Pastry
Cereal/Granola Bar/Yogurt
Fruit &/Or Juice

Tues. May 14, 2024

Chef's Choice
Donut or Pastry
Cereal/Granola Bar/Yogurt
Fruit &/Or Juice

Wed. May 15, 2024 (starts @ 8:30)

Cinnamon Roll or Caramel Roll
Cereal/Granola Bar/Yogurt
Fruit &/Or Juice

Thurs. May 16, 2024



Preschool's Last Day

LUNCH

Mon. May 13, 2024

A. **CHICKEN ALFREDO WITH GARLIC BREAD**
B. **GRAB'N'GO CHOICES AVAILABLE BUTTERED PEAS FROSTY STRAWBERRIES**

Tues. May 14, 2024

A. **CHEF'S CHOICE**
B. **GRAB'N'GO CHOICES AVAILABLE HOT VEGGIE FRESH VEGGIE FRUIT CHOICE**

Wed. May 15, 2024

Elem. & MS - **DELI TURKEY HOAGIE**
HS - **DELI CLUB OR PB+J SACK LUNCH VEGETABLE CUP FRUIT CUP**

Thurs. May 16, 2024



Vending Available 24/7

Each Meal Includes Choice of Milk. Water available daily.
This institution is an equal opportunity employer and provider.
Menu is subject to change based on shortages / seasonal availability.